



This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.

BREADS

9-GRAIN WHEAT Whole wheat flour, enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), yeast, sugar, wheat gluten, contains 2% or less of: calcium carbonate, soybean oil, salt, wheat, rye, yellow corn, oats, triticale, brown rice, barley, flax seed, millet, sorghum, refinery syrup, vitamin D2, sunflower lecithin, natural flavor, honey, ascorbic acid, yeast extract, enzymes.
Contains wheat.

GARLIC BREAD (NEW) Subway® Italian Bread, yellow corn meal, salt, dehydrated garlic, spices (including mustard), whey, natural flavor, corn maltodextrin, sugar, butter [cream, salt], guar gum, soybean oil, citric acid, extractives of annatto & turmeric, and not more than 2% silicon dioxide added (as anticaking agent). **Contains milk**

FLATBREAD Enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour, ascorbic acid), water, yeast, soybean oil; contains 2% or less of: nonfat dry milk, wheat gluten, salt, sugar, calcium carbonate, dough conditioners (oat fiber, calcium sulfate, and enzymes), baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), calcium propionate, flavor (sea salt, yeast extract, natural flavors), and Vitamin D2.
Contains milk and wheat.

HEARTY ITALIAN BREAD Subway® Italian bread and yellow cornmeal. **Contains wheat.**

HONEY OAT BREAD Subway® 9-Grain Wheat Bread, honey oat topping (organic cane juice solids, rolled oats, diced soy nuts, honey solids, wheat starch, sunflower oil, salt, caramel color, and natural flavor). **Contains soy and wheat.**

ITALIAN (WHITE) BREAD Enriched flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, sugar, contains 2% or less of: soybean oil, calcium carbonate, wheat gluten, salt, sunflower lecithin, ascorbic acid, yeast extract, Vitamin D2, enzymes. **Contains wheat.**

ITALIAN HERBS & CHEESE BREAD Subway® Italian Bread, Monterey Jack cheese (cultured pasteurized milk, salt, enzymes, artificial color), cheddar cheese (cultured pasteurized milk, salt, enzymes, artificial color) potato starch and powdered cellulose added to prevent caking, natamycin [a natural mold inhibitor], garlic powder, corn maltodextrin, long grain rice powder, salt, toasted bread crumbs (wheat flour, dextrose, modified wheat starch, sugar, salt, yeast, caramel coloring, paprika), spice, parmesan cheese solids (milk, cheese, cultures, salt, enzymes, calcium chloride), cellulose), modified palm oil, oregano, natural and artificial flavor (including butter extract), sunflower oil, whey, gum arabic, citric acid, yeast extract, lactic acid, calcium lactate, disodium phosphate and not more than 2% silicon dioxide added (as anticaking agent). **Contains milk and wheat.**

MONTEREY CHEDDAR BREAD Subway® Italian Bread, Monterey Jack cheese (cultured pasteurized milk, salt, enzymes, artificial color), cheddar cheese (cultured pasteurized milk, salt, enzymes, artificial

color) potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor). **Contains milk and wheat.**

PARMESAN/OREGANO BREAD SUBWAY® Italian Bread, garlic powder, corn maltodextrin, long grain rice powder, salt, toasted bread crumbs (wheat flour, dextrose, modified wheat starch, sugar, salt, yeast, caramel coloring, paprika), spice, parmesan cheese solids (milk, cheese, cultures, salt, enzymes, calcium chloride), cellulose), modified palm oil, oregano, natural and artificial flavor (including butter extract), sunflower oil, whey, gum arabic, citric acid, yeast extract, lactic acid, calcium lactate, disodium phosphate and not more than 2% silicon dioxide added (as anticaking agent). **Contains milk and wheat.**

ROASTED GARLIC BREAD (*Note this is not the NEW Garlic Bread – ingredients for this bread are listed on previous page*) Subway® Italian Bread, Roasted Garlic Topping (yellow cornmeal, salt, sugar, green bell pepper, sodium diacetate, dehydrated garlic, spices, onion powder, soybean oil, paprika, disodium guanylate, disodium inosinate, ascorbic acid, natural flavor, soy lecithin, and not more than 2% calcium silicate (as anticaking agent)). **Contains soy and wheat.**

WRAP Bleached enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, hydrogenated vegetable oil (contains one or more of the following: cottonseed oil, soybean oil) with mono- and diglycerides added, potato starch with monoglyceride, sugar, contains 2% or less of the following: salt, vital wheat gluten, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), monoglycerides and citric acid to preserve freshness, fumaric acid, sodium bicarbonate, dough conditioner (wheat flour, calcium sulfate, sorbic acid), sodium propionate and potassium sorbate (preservatives). **Contains wheat.**

MEAT, POULTRY, SEAFOOD & EGGS

BACON SLICES Pork cured with water, salt, sugar, smoke flavor, sodium phosphate, sodium erythorbate, sodium nitrite.

BMT® MEATS: Genoa Salami: Pork, beef, salt, water, corn syrup, dextrose, sugar, wine, sodium erythorbate, flavorings, sodium nitrate, spices, garlic, lactic acid starter culture, sodium nitrite. **Pepperoni:** Pork, beef, salt, dextrose, water, spices, corn syrup, paprika, oleoresin of paprika, flavorings, sodium erythorbate, lactic acid starter culture, sodium nitrite. **Ham:** Ham cured with: Water, dextrose, 2% or less of modified food starch, salt, potassium lactate, seasoning [potassium chloride, pork stock, sugar, yeast extract, salt, lactic acid, fructose, sunflower oil, cysteine hydrochloride, calcium lactate, modified food starch, flavors, grill flavor (from sunflower oil), polysorbate 80, rendered pork fat, and smoke flavor], sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite, caramel color.

CHICKEN BREAST PATTY Chicken breast with rib meat, water, seasoning (corn syrup solids, vinegar powder [maltodextrin, modified corn starch and tapioca starch, dried vinegar], brown sugar, salt, dextrose, garlic powder, onion powder, chicken type flavor [hydrolyzed corn gluten, autolyzed yeast extract, thiamine hydrochloride, disodium inosinate and disodium guanylate]), sodium phosphates.

CHICKEN BREAST STRIPS Boneless, skinless chicken breast with rib meat; water, flavor (potassium chloride, maltodextrin, sugar, autolyzed yeast extract, gum arabic, molasses, flavors, salt, lactic acid, disodium guanylate and disodium inosinate, fructose, medium chain triglycerides, dextrose, succinic acid, vinegar solids, thiamine hydrochloride and artificial flavors), soy protein concentrate, modified potato starch, sodium phosphates, salt. **Contains soy.**

CHICKEN STRIPS (Teriyaki glazed): Subway Chicken Breast Strips (see above), teriyaki glaze (water, corn syrup, soy sauce (water, wheat, soybean, salt, sodium benzoate [a preservative]), rice vinegar, modified corn starch, sugar, tomato paste, ginger, vinegar, garlic, sesame oil, sesame seed, salt, dehydrated green onion, dehydrated red bell pepper, natural flavors, autolyzed yeast extract, dehydrated garlic, sodium benzoate (a preservative), spices, citric acid, soybean oil, dry yeast (torula), dehydrated onion.). **Contains soy, wheat and sesame.**

COLD CUT COMBO: Turkey Bologna: Mechanically separated turkey, water, contains less than 2% of: salt, corn syrup solids, potassium lactate, dextrose, sodium diacetate, sodium erythorbate, sodium nitrite, flavorings. **Turkey Ham:** Cured turkey thigh meat, salt, contains less than 2% of: potassium lactate, brown sugar, sodium tripolyphosphate, dextrose, sodium diacetate, sodium erythorbate, smoke flavor, sodium nitrite, water. **Turkey Salami:** Dark turkey, mechanically separated turkey, water, salt, contains less than 2% of: potassium lactate, sugar, sodium tripolyphosphate, dextrose, spice and flavorings, sodium diacetate, sodium erythorbate, smoke flavor, sodium nitrite.

EGG OMELET PATTY (Regular): Whole Eggs, Egg Whites, Water, Nonfat Dry Milk, Premium Egg Blend (isolated pea product, salt, citric acid, dextrose, guar gum, xanthan gum, extractive of spice, propylene glycol and not more than 2% calcium silicate and glycerin to prevent caking), Soybean Oil, Butter Alternative (liquid and hydrogenated soybean oil, salt, soy lecithin, natural and artificial flavors, beta carotene (color), TBHQ and citric acid added to protect flavor, dimethylpolysiloxane (antifoaming agent added), Salt, Beta-Carotene (color). **Contains eggs, milk and soy.**

EGG WHITE OMELET PATTY Egg whites, artificial butter oil (soybean oil, artificial flavor), modified corn starch. Contains less than 2% of the following: dicalcium phosphate, salt, xanthan gum, white pepper. **Contains eggs.**

HAM (Black Forest) Ham cured with: Water, dextrose, 2% or less of modified food starch, salt, potassium lactate, seasoning [potassium chloride, pork stock, sugar, yeast extract, salt, lactic acid, fructose, sunflower oil, cysteine hydrochloride, calcium lactate, modified food starch, flavors, grill flavor (from sunflower oil), polysorbate 80, rendered pork fat, and smoke flavor], sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite, caramel color.

MEATBALLS Beef, water, soy protein concentrate, breadcrumbs (bleached wheat flour, sugar, salt, soybean oil, dried yeast), seasoning (dehydrated onion and garlic, salt, spice, dehydrated parsley, soybean oil), Romano cheese (made from pasteurized cow's milk, cheese cultures, salt, enzymes). **Marinara Sauce:** tomatoes, tomato puree (water, tomato paste), corn syrup, high fructose corn syrup, soybean oil, modified food starch, salt, dehydrated onions, spices, onion powder **Contains milk, soy, and wheat.**

ROAST BEEF Roast beef, water, salt, dextrose, corn syrup, sodium phosphates, and spice extractive. Coated with: salt, dextrose, caramel color, pepper and garlic powder.

SEAFOOD SENSATION SEAFOOD SENSATION Alaskan Pollock, water, Pacific Whiting, cornstarch, potato starch, wheat starch, sugar, sorbitol, contains 2% or less of the following: Snow crabmeat, natural and artificial flavors, refined fish oil, egg whites, carrageenan, spices (allspice, bay, black pepper, cardamom, cassia, celery, clove, ginger, mace, nutmeg, red pepper), salt, modified potato starch, calcium carbonate, sodium tripolyphosphate, tetrasodium phosphate, citric acid, color (titanium dioxide, carmine, paprika oleoresin and caramel Color). Subway® regular mayonnaise. **Contains egg, fish, shellfish, soy, and wheat.**

STEAK Seasoned Beef (Beef, Water, Modified Corn Starch, Salt, Dextrose, Sodium Phosphate, Autolyzed Yeast and Hydrolyzed Corn Protein), Water, Seasoning (Sugar, Salt, Dextrose, Modified Corn Starch, Tomato Powder, Caramel Color, Onion, Garlic, Natural Flavors, Lemon Powder [Lemon Juice, Maltodextrin], citric acid).

TUNA Tuna, Subway regular mayonnaise, water, salt. **Contains eggs and fish.**

TURKEY BREAST Turkey breast, water, seasoning (modified corn starch, dextrose, salt, carrageenan, flavorings), contains less than 2% potassium and sodium phosphate, propionic acid, turkey flavor, maltodextrin and enzyme. Browned in soybean oil.

VEGIMAX PATTY Vegetables (mushrooms, water chestnuts, onions, carrots, green bell peppers, red bell peppers, black olives), textured vegetable protein (soy protein concentrate, wheat gluten, water for hydration), egg whites, cooked brown rice (water, brown rice), rolled oats, corn oil, calcium caseinate, soy sauce (water, soybeans, salt, wheat). Contains 2% or less of onion powder, corn starch, salt, hydrolyzed corn, soy, and wheat protein, autolyzed yeast extract, natural flavors from non-meat sources, sugar, soy protein isolate, spices, garlic powder, dextrose, jalapeño pepper powder, celery extract. **Contains soy, wheat, egg, milk.**

CHEESE

AMERICAN CHEESE (processed) Milk, water, cream, cheese culture, sodium citrate, salt, sorbic acid (preservative), citric acid, tetrasodium pyrophosphate, soy lecithin, enzymes. **Contains soy and milk.**

CHEDDAR CHEESE Cultured pasteurized milk, salt, enzymes, annatto color. **Contains milk.**

MONTEREY CHEESE BLEND (shredded) Monterey Jack cheese (cultured pasteurized milk, salt, enzymes, annatto color), cheddar cheese (cultured pasteurized milk, salt, enzymes, artificial color) potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor). **Contains milk.**

PARMESAN CHEESE Parmesan cheese (cultured pasteurized part-skim milk, salt, enzymes), powdered cellulose added to prevent caking. **Contains milk.**

PEPPERJACK CHEESE Cultured pasteurized milk, jalapeno peppers, salt, calcium chloride and enzymes. **Contains milk.**

PROVOLONE CHEESE Cultured pasteurized milk, salt, enzymes. **Contains milk.**

SWISS CHEESE (sliced) Part skim milk, cheese culture, salt, enzymes. **Contains milk.**

VEGETABLES

AVOCADO PUREE Avocado pulp, water. ascorbic acid.

BANANA PEPPERS Banana peppers, water, distilled vinegar, salt, calcium chloride, sodium benzoate (preservative), sodium metabisulfite (preservative), yellow #5, natural flavors, polysorbate 80.

CUCUMBERS Fresh ripe cucumbers

GREEN PEPPERS Fresh green bell peppers

JALAPEÑO PEPPER SLICES Jalapeno peppers, water, distilled vinegar, salt, natural flavorings, calcium chloride, sodium benzoate (preservative).

PICKLES Cucumbers, water, distilled vinegar, salt, calcium chloride, sodium benzoate (preservative), alum, natural flavors, polysorbate 80, FD&C yellow no. 5.

LETTUCE Fresh iceberg variety

OLIVES Ripe olives, water, salt, ferrous gluconate

ONIONS Jumbo red onions

TOMATOES Fresh red ripe tomatoes

CONDIMENTS

BUFFALO SAUCE Distilled vinegar, aged cayenne red peppers, salt, water, modified food starch, canola oil, paprika, vegetable fiber, xanthan gum, sodium benzoate (as a preservative), natural butter type flavor and garlic powder.

CHIPOTLE SOUTHWEST Soybean oil, water, chipotle sauce (chipotle pepper, water, vinegar, salt, sugar, dehydrated onion), buttermilk (cultured skim milk and milk, sodium citrate, salt), vinegar, liquid egg yolks, skim milk powder, salt, modified corn starch, sugar, dehydrated onion, phosphoric acid, xanthan gum, dehydrated garlic, dry yeast (torula), autolyzed yeast extract, lactic acid, sodium benzoate (a preservative), potassium sorbate (a preservative), dehydrated parsley, polysorbate 60, disodium inosinate, disodium guanylate, extractive of paprika, natural flavour, sucralose, calcium disodium EDTA (to protect flavor). **Contains eggs and milk.**

FAT FREE HONEY MUSTARD Water, sugar, prepared mustard (vinegar, water, mustard seed, salt), Dijon mustard (vinegar, water, mustard seed, salt, white wine, citric acid, turmeric, spices, tartaric acid), country Dijon mustard (vinegar, water, mustard seed, salt, white wine, spice), vinegar, modified corn starch, honey, cider vinegar, lemon juice concentrate, salt, phosphoric acid, colour, xanthan gum, dehydrated onion, sodium benzoate (a preservative), potassium sorbate (a preservative), liquid egg yolks*, dehydrated garlic. **Contains eggs.**

FAT FREE SWEET ONION Sugar, water, corn vinegar, dehydrated onion, corn starch, modified corn starch, salt, mustard seed, spices, onion juice, poppy seed, dehydrated mince onion, potassium sorbate (a preservative), sodium benzoate (a preservative), dehydrated red bell pepper, dimethylpolysiloxane (an anti-foaming agent), cucumber juice, vinegar, celery seed.

MAYONNAISE, LIGHT Water, soybean oil, food starch-modified*, distilled vinegar, egg yolks, contains less than 2% of eggs, salt, spice, potassium sorbate* (a preservative), phosphoric acid*, calcium disodium EDTA added to protect flavor, DL-alpha-tocopheryl acetate (vitamin E), extractive of paprika, soy lecithin*, phylloquinone (Vitamin K1).* Ingredient not normally found in mayonnaise. **Contains eggs.**

MAYONNAISE, REGULAR Soybean oil, eggs, water, distilled vinegar, contains less than 2% of salt, sugar, spice, lemon juice concentrate, calcium disodium EDTA added to protect flavor. **Contains: eggs.**

MUSTARD (yellow) Distilled vinegar, water, mustard seed, salt, turmeric, paprika, spice, natural flavor, garlic powder.

MUSTARD (deli brown) Distilled vinegar, mustard seed, water, salt, spices, turmeric, natural flavor.

OIL Canola oil, extra virgin olive oil.

RED WINE VINAIGRETTE Water, corn syrup, red wine vinegar, sugar, parmesan cheese (partially skimmed milk, cheese culture, salt, enzymes, anti-caking agent), salt, distilled vinegar, contains less than 2% of food starch-modified, dehydrated red bell pepper, xanthan gum, spices, dehydrated onion, dehydrated garlic, sodium benzoate (a preservative), natural flavor, color red #40 and blue #1.

Contains: milk, sulfites.

RED WINE VINEGAR Red wine vinegar (5% acidity), sulfiting agent.

SALAD DRESSINGS & TOPPINGS

CROUTONS Ingredients: Enriched Flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), canola oil, sugar, salt, natural and artificial butter flavor with other natural flavors, yeast, dehydrated garlic, whey, spices, nonfat dry milk, dehydrated parsley, romano cheese (cow's milk, cultures, salt, enzymes), lactic acid, ascorbic acid. **Contains milk and wheat.**

FAT FREE ITALIAN DRESSING Water, Vinegar, Sugar, Salt, Maltodextrin, Contains less than 2% of: Cellulose Gel and Cellulose Gum, Xanthan Gum, Onion*, Garlic*, Potassium Sorbate and Sodium Benzoate as preservatives, Carrageenan, Citric Acid, Red Bell Pepper, Spice, Yeast Extract, Natural Flavor, Yellow #5, Yellow #6, Sunflower Oil.

RANCH DRESSING Soybean oil, water, sugar, egg yolks, vinegar, salt, contains less than 2% of whey, onions*, buttermilk, xanthan gum, phosphoric acid, with sorbic acid and calcium disodium EDTA as preservatives, garlic*, polysorbate 60, parsley*, spice, disodium inosinate, disodium guanylate, natural flavor. *Dried. Contains milk and eggs.

FLATIZZA™

CHEESE FLATIZZA™ Flatbread: Enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour, ascorbic acid), water, yeast, soybean oil; contains 2% or less of: nonfat dry milk, wheat gluten, salt, sugar, dough conditioners (sodium stearoyl lactylate, oat fiber, calcium sulfate, and enzymes), baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), and calcium propionate. **Marinara Sauce:** Tomatoes, tomato puree (water, tomato paste), corn syrup, high fructose corn syrup, soybean oil, modified food starch, salt, dehydrated onions, spices, onion powder **Shredded Mozzarella:** Cultured pasteurized part-skim milk, salt, enzymes, potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor). **Contains milk and wheat.**

PEPPERONI FLATIZZA™ Cheese Flatizza™ (ingredients above). **Pepperoni:** Pork, beef, salt, dextrose, water, spices, corn syrup, paprika, oleoresin of paprika, flavorings, sodium erythorbate, lactic acid starter culture, sodium nitrite. **Contains milk and wheat.**

SPICY ITALIAN FLATIZZA™ Cheese Flatizza™ (ingredients above). **Genoa Salami:** Pork, beef, salt, water, corn syrup, dextrose, sugar, wine, sodium erythorbate, flavorings, sodium nitrate, spices, garlic, lactic acid starter culture, sodium nitrite. **Pepperoni:** Pork, beef, salt, dextrose, water, spices,

corn syrup, paprika, oleoresin of paprika, flavorings, sodium erythorbate, lactic acid starter culture, sodium nitrite. **Contains milk and wheat.**

VEGGIE FLATIZZA™ Cheese Flatizza™ (ingredients above). **Olives:** Ripe olives, water, salt, ferrous gluconate. **Peppers, Onions. Contains milk and wheat.**

PIZZA (round)

CHEESE PIZZA CRUST: Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, bread crumbs (bleached wheat flour, yeast, sugar, salt), soybean oil, sugar, yeast, salt, non-fat dry milk, garlic. **MOZZARELLA CHEESE:** Pasteurized milk, cheese cultures, salt, enzymes. **SAUCE:** Tomato puree (vine ripened tomatoes, salt, citric acid), water, tomato paste, soybean oil, salt, spices, garlic powder, Romano cheese (pasteurized part-skim cow's milk, cheese culture, salt, enzymes). **PARMESAN AND ROMANO CHEESE BLEND:** Parmesan cheese (pasteurized part skim milk, cheese culture, salt, enzymes), Romano cheese (pasteurized cow's milk, cheese cultures, salt, enzymes). **OREGANO. GARLIC. BASIL. Contains: Milk and Wheat**

COOKIES & DESSERTS

CHOCOLATE CHIP Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla), margarine (palm oil, butter, water, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), eggs, water, molasses, baking soda, natural and artificial flavors, potassium chloride, salt. **CONTAINS: Wheat, milk, eggs and soybeans.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

CHOCOLATE CHUNK CONTAINS: Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, chocolate chunks (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, natural and artificial flavors), palm oil, eggs, invert sugar, water, molasses, baking soda, salt, whey, natural and artificial flavor. **CONTAINS: Wheat, milk, eggs and soybeans.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

DOUBLE CHOCOLATE CHIP Sugar, enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), margarine (palm oil, butter, water, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), white chips (sugar, palm kernel and palm oil, nonfat dry milk, soy lecithin, vanilla), semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla), eggs, cocoa processed with alkali, molasses, water, natural and artificial flavors, potassium chloride, baking soda, salt. **CONTAINS: Wheat, milk, eggs and soybeans.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

M&M® Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla), candy pieces (milk chocolate [sugar, chocolate, milk, cocoa butter, lactose, soy lecithin, salt, artificial flavors] sugar, corn starch, corn syrup, gum acacia, coloring [includes red 40 lake, yellow 5, yellow 6, blue 2 lake, red 40, blue 1 lake, blue 1, blue 2, yellow 5 lake, yellow 6 lake], dextrin), eggs, water, molasses, baking soda, salt, whey, natural and artificial flavor. **CONTAINS:**

Wheat, Milk, Eggs and Soybeans. May Contain: Peanuts *Due to the nature of how these cookies are displayed they may come in contact with other tree nut-containing cookies.)*

OATMEAL RAISIN Sugar, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), raisins, palm oil, oats, eggs, water, molasses, whey, baking soda, salt, natural flavor, potassium chloride, cinnamon. **CONTAINS: Wheat, milk and eggs.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

PEANUT BUTTER Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, peanut butter (peanuts, sugar, palm oil, salt), peanut butter chips (sugar, palm kernel oil, peanuts, partially defatted peanut flour, lactose, whey, anhydrous milk fat, nonfat milk, sodium caseinate, buttermilk, soy lecithin, salt, artificial flavor), margarine (palm oil, butter, water, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), eggs, molasses, invert sugar, palm oil, water, natural flavor, potassium chloride, baking soda. **CONTAINS: Wheat, peanuts, milk, eggs and soybeans.** *Due to the nature of how these cookies are displayed they may come in contact with other tree nut-containing cookies.)*

RASPBERRY CHEESECAKE Enriched bleached flour (flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, margarine (palm oil, water, soybean oil, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), white chips (sugar, palm kernel and palm oil, nonfat dry milk, soy lecithin, vanilla), eggs, raspberry bits (dextrose, palm oil, sugar, corn flour, raspberry powder, natural flavor, citric acid, blueberry and carrot extracts), neufchatel cheese (pasteurized milk and cream, cheese culture, salt, stabilizer [carob bean and/or guar and/or xanthan gums]), invert sugar, maltodextrin, natural and artificial flavors, baking soda, potassium chloride, yellow 5. **Contains: Wheat, milk, soybeans, eggs and yellow 5.** *(Due to the nature of how these cookies are displayed they may come in contact with other tree nut-containing cookies.)*

SUGAR Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, eggs, natural butter flavor, water, whey, baking soda, salt. **CONTAINS: Wheat, milk, and eggs.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

WHITE CHIP MACADAMIA NUT Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, margarine (palm oil, butter, water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene), white chips (sugar, palm kernel and palm oil, nonfat dry milk, soy lecithin, vanilla), macadamia nuts, eggs, molasses, water, natural and artificial flavors, potassium chloride, baking soda, salt. **Contains: Macadamia Nuts, Wheat, Milk, Eggs and Soybeans** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut-containing cookies.)*