



Canada Product Ingredients

(Revised June 2022)

This list is compiled based on product information provided by Subway® approved food manufacturers. Every effort is made to keep this information current however it is possible that ingredient changes and substitutions may occur before this list is updated. This list does not include regional or special promotional items as ingredients vary.

BREADS

ENGLISH MUFFIN: Enriched flour, Water, Yeast, Salt, Sugar/Glucose-Fructose, Wheat gluten, Soybean and/or Canola oil, Vegetable Monoglycerides, Calcium Propionate, Sorbic Acid, Fumaric Acid Topping: Cornmeal. **Contains Wheat.**

FLATBREAD: Enriched wheat flour, Water, Soybean oil, Yeast, Sugar, Salt, Cultured wheat flour, White vinegar, Oat bran, Oat fiber, Enzymes (amylase, xylanase). **May Contain Milk.** **Contains: Oats, Wheat.**

GLUTEN-FREE BREAD (as packaged): Corn Starch, Filtered Water, Liquid Egg White, Modified Corn Starch, Tapioca Starch, Modified Palm Oil, Sugar, Distilled Monoglycerides, Yeast, Rice Bran and Germ, Salt, Natural Flavour, Baking Powder, Pectin, Xanthan Gum, Modified Cellulose, Guar Gum, Enzyme (Amylase). **Contains Eggs.**

HARVEST GRAIN BREAD: Subway® Multigrain Bread [Enriched wheat flour (contains barley), Water, Whole wheat flour, Yeast, Sugars (sugar, brown sugar, dried blackstrap molasses with wheat starch), Wheat gluten, Rye flour, Rye sourdough (water, fermented rye flour), Salt, Soybean oil, Whole oat groats, Sunflower seeds, Millet seed, Flax seed, Soy lecithin, Cracked wheat, Ascorbic acid, Amylase, Glucose oxidase, Phospholipase, Xylanase, Protease]. **Harvest Bread Topping** [Flax seed, Barley, Sunflower seeds, Oat, High oleic sunflower oil]. **Contains Barley, Oats, Rye, Wheat, Soy**

ITALIAN (WHITE) BREAD: Enriched wheat flour (contains barley), Water, Yeast, Sugar, Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavour), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Protease, Xylanase, Lipase, Amylase, Ascorbic acid, Soybean oil. **Contains Barley, Wheat, Soy.**

ITALIAN HERBS & CHEESE BREAD: Subway® Italian Bread [Enriched wheat flour (contains barley), Water, Yeast, Sugar, Wheat gluten, Wheat sourdough (cultured wheat flour, natural flavour), Salt, Palm oil, Cultured wheat flour, Soy lecithin, Protease, Xylanase, Lipase, Amylase, Ascorbic acid, Soybean oil]. **Monterey Jack & Cheddar Cheese Blend** [Milk, Modified milk ingredients, Cream, Salt, Bacterial culture, Calcium chloride, Microbial enzyme, Annatto, Cellulose (to prevent caking), Natamycin]. **Parmesan-Oregano Topping** [Corn Maltodextrin, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Toasted Bread Crumbs (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Sea Salt, Yeast), Salt, Spices, Dehydrated Garlic, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Modified Corn Starch, Sunflower Oil, Citric Acid, Yeast Extract, Lactic Acid, Natural Flavor & Not More than 2% Silicon Dioxide Added (as Anticaking Agent).] **Contains Milk, Barley, Wheat, Soy.**

MULTIGRAIN: Enriched wheat flour (contains barley), Water, Whole wheat flour, Yeast, Sugars (sugar, brown sugar, dried blackstrap molasses with wheat starch), Wheat gluten, Rye flour, Rye sourdough (water, fermented rye flour), Salt, Soybean oil, Whole oat groats, Sunflower seeds, Millet seed, Flax seed, Soy lecithin, Cracked wheat, Ascorbic acid, Amylase, Glucose oxidase, Phospholipase, Xylanase, Protease. **Contains: Barley, Oats, Rye, Wheat, Soy.**

POTATO BUN: Unbleached wheat flour, Water, Dehydrated Potatoes, Cane Sugar, Liquid Whole Eggs, Sunflower oil, Liquid Egg Yolks, Liquid Egg White, Salt, Yeast, Malted Barley flour. **May contain Sesame seeds, Milk. Contains Wheat, Barley, Eggs.**

WRAP: Unbleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, Non GMO Canola oil, cultured wheat flour, malted wheat flour, wheat gluten, salt, sugar, sodium acid pyrophosphate, Sodium bicarbonate, Corn starch, Monocalcium phosphate, Guar gum, inactive dry yeast, Soy lecithin, Citric acid, enzymes. **Contains Wheat Soy and Barley**

MEAT, POULTRY, SEAFOOD & EGGS

BACON SLICES: Pork, Water, Salt, Sugar, Natural smoke flavour, Sodium phosphates, Sodium erythorbate, Sodium nitrite, Smoke.

CHICKEN, GRILLED: Chicken breast, Water, Seasoning (sea salt, sugar, salt, onion powder, chicken broth, garlic powder, flavours, canola oil, spice, spice extracts), Soy protein concentrate, Pea fibre, Sodium phosphate, Spices. **Contains: Soy**

CHICKEN, CRISPY: Chicken, Water, Wheat flour, Canola and/or soybean oil, Toasted wheat crumb, Wheat gluten, Whole wheat flour, Corn flour, Corn starch, Salt, Egg white powder (bakers yeast, citric acid), Sugar (sugar, dextrose), Modified milk ingredients, Spice, Flavouring (modified corn starch, carrot fiber, dehydrated turkey flavour), Sodium phosphate, High oleic sunflower oil, Xanthan gum, Cayenne pepper, White pepper, Yeast. **May Contain: Soy.**
Contains: Egg, Milk, and Wheat.

CHICKEN STRIPS: Chicken breast, Water, Seasoning (potassium chloride, maltodextrin, yeast extract, spice, dextrose, onion powder, flavour, salt, turmeric, garlic powder, chicken broth, paprika, vinegar solids, paprika extractives), Soy protein concentrate, Modified potato starch, Pea fiber, Sodium phosphate, Salt, Natural flavour. **Contains Soy.**

CHICKEN STRIPS (teriyaki glazed): Subway® Chicken Strips [see above], Teriyaki Sauce [Water, Sugars (corn syrup, sugar), Soy sauce (water, wheat, soybeans, salt, sodium benzoate), Vinegar, Modified corn starch, Tomato paste, Ginger puree (ginger, water, salt, citric acid), Garlic puree (water, dehydrated garlic, canola oil, citric acid), Seasoning (sesame seeds, dehydrated green onion, flavour, yeast extract, salt, dehydrated red bell pepper, garlic powder, spices, torula yeast, onion powder, natural flavour), Sesame oil, Salt, Natural flavours, Sodium benzoate]. **Contains Soy, Wheat and Sesame.**

COLD CUT COMBO MEATS: Bologna [Pork, Chicken, Water, Modified corn starch, Salt, Potassium lactate, Modified milk ingredients, Sodium phosphate, Spice, Sodium erythorbate, Sodium diacetate, Sodium nitrite, Garlic powder, Smoke]. Salami [Pork, Chicken, Water, Salt,

Potassium lactate, Spice, Sugar, Sodium phosphate, Sodium erythorbate, Garlic powder, Sodium diacetate, Sodium nitrite, Smoke]. Smoked Luncheon Meat [Pork, Water, Modified corn starch, Salt, Potassium lactate, Sugar, Spice, Sodium phosphate, Onion powder, Sodium erythorbate, Garlic powder, Sodium diacetate, Sodium nitrite, Smoke]. **Contains: Milk, Mustard.**

EGG OMELET PATTY: Liquid whole eggs, Water, Canola oil, Skim milk powder, Pea hull fibre, Salt, Sugars (corn maltodextrin, dextrose), Citric acid, Guar gum, Xanthan gum, Calcium silicate, Black pepper flavour, Beta carotene. **Contains: Egg and milk.**

HAM, BLACK FOREST: Pork, Water, Rice starch, Sugars (sugar, dextrose), Salt, Vinegar, Sodium phosphate, Dehydrated pork broth, Carrageenan, Sodium erythorbate, Sodium nitrite, Smoke.

ITALIAN BMT MEATS: Ham [Pork, Water, Rice starch, Sugars (sugar, dextrose), Salt, Vinegar, Sodium phosphate, Dehydrated pork broth, Carrageenan, Sodium erythorbate, Sodium nitrite, Smoke]. **Pepperoni** [Pork, Beef, Salt, Water, Sugars (Dextrose, Corn syrup), Mustard, Spices, Flavorings, Paprika, Oleoresin of paprika, Sodium erythorbate, Bacterial culture, Sodium nitrite]. **Salami** [Pork, Beef, Salt, Water, Sugars (Corn syrup, Dextrose, sugar), Flavourings, Wine, Sodium erythorbate, Spices, Sodium nitrate, Garlic, Bacterial culture, Sodium nitrite]. **Contains Mustard**

MEATBALLS WITH MARINARA: Meatballs [Beef, Water, Breadcrumbs [toasted wheat crumbs (enriched flour, sugar, salt, soybean oil, yeast)], Textured soy protein concentrate, Seasoning (dehydrated onion and garlic, salt, spices, dehydrated parsley, soybean oil), Soy protein concentrate, Romano cheese]. **Marinara Sauce** [Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Seasoning Blend (Modified Corn Starch, Onion Powder, Herbs and Spices, Salt), Soybean Oil, Salt, Citric Acid]. **Contains: Milk, Soy, Wheat**

PEPPERONI Pork, Beef, Salt, Water, Sugars (Dextrose, Corn syrup), Mustard, Spices, Flavorings, Paprika, Oleoresin of paprika, Sodium erythorbate, Bacterial culture, Sodium nitrite. **Contains Mustard**

ROAST BEEF: Beef, water, potato starch, corn syrup solids, vinegar, salt, soy protein isolate, potassium chloride, cane sugar, sodium phosphate, spices, flavour. **Contains: soy**

ROTISSERIE STYLE CHICKEN: Chicken Breast, Water, Canola oil, Salt, Chicken broth powder, Sugars (dextrose, maltodextrin), Sodium phosphate, Spice extracts, Chicken powder, Chicken flavour (chicken broth, chicken skins, salt, natural flavour, xanthan gum), Onion powder, Acacia gum, Natural flavour. **May contain wheat.**

SALAMI: Pork, Beef, Salt, Water, Sugars (Corn syrup, Dextrose, sugar), Flavourings, Wine, Sodium erythorbate, Spices, Sodium nitrate, Garlic, Bacterial culture, Sodium nitrite.

SAUSAGE, BREAKFAST: Pork, Water, Corn Syrup Solids, Salt, Spices, Flavourings, Soybean Oil. **May contain Mustard.**

STEAK: Beef, water, salt, modified corn starch, sugars (sugar, dextrose), sodium phosphate, autolyzed yeast, tomato powder, natural flavor, natural brown color blend (vegetable juice color, turmeric), lemon juice powder, garlic, onion, citric acid, hydrolyzed corn protein.

TUNA (without dressing): Tuna, water, salt. **Contains Fish.**

TURKEY BREAST: Turkey breast, Water, Modified potato starch, Salt, Sugar, Vinegar, Carrageenan, Potassium chloride, Sodium phosphate, Dehydrated turkey broth, Flavour, Smoke.

VEGGIE PATTY: Carrots, Onions, Green Beans, Oat Bran, Expeller Pressed Canola Oil, Zucchini, Soybeans, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Bell Peppers, Arrowroot Powder, Garlic, Corn Starch, Corn Meal, Salt, Methyl Cellulose, Parsley, Black Pepper.
Contains: Soy

CHEESE

CANADIAN CHEDDAR CHEESE: Milk, Modified milk ingredients, Cream, Salt, Bacterial culture, Calcium chloride, Annatto, Microbial enzyme. **Contains Milk.**

CHEDDAR CHEESE, PROCESSED: Cheese (milk, modified milk ingredients, cream, bacterial culture, salt, rennet and/or microbial enzyme, calcium chloride, lipase, sorbic acid), Modified milk ingredients, Water, Glucose, Sodium citrate and/or Sodium phosphate, Salt, Sorbic acid, Soy lecithin, Soybean oil (for slice separation), Citric acid, Acetic acid, Carboxymethylcellulose.
Contains Milk and Soy

FETA: Pasteurized milk, salt, lipase, bacterial culture, microbial enzyme, natamycin. May contain calcium chloride. **Contains Milk.**

MONTEREY JACK & CHEDDAR CHEESE BLEND (SHREDDED): Milk, Modified milk ingredients, Cream, Salt, Bacterial culture, Calcium chloride, Microbial enzyme, Annatto, Cellulose (to prevent caking), Natamycin **Contains: Milk**

PARMESAN, GRATED: Milk, Bacterial Culture, Salt, Lipase, Microbial Enzyme, Cellulose, Sorbic Acid, May Contain Calcium Chloride. **Contains Milk**

SWISS (sliced): Milk, Modified milk ingredients, Salt, Bacterial culture, Microbial enzyme.
Contains Milk

VEGETABLES

AVOCADO, SMASHED: Hass avocados, sea salt

BANANA PEPPERS: Banana Peppers, Water, White Vinegar, Salt, Calcium Chloride, Sodium benzoate (as a preservative), Polysorbate 80, Sodium Metabisulfite, Seasonings, and Turmeric.

CUCUMBERS: Long English cucumbers

GREEN PEPPERS: Green bell peppers

JALAPEÑO PEPPER SLICES: Jalapeno peppers, water, distilled vinegar, salt, natural flavor, sodium benzoate (preservative), calcium chloride, sodium metabisulfite (preservative)

LETTUCE: Fresh iceberg variety

OLIVES, BLACK: Sliced black olives, water, salt, ferrous gluconate

OLIVES, GREEN: Green Olives, Water, Salt and Citric Acid

ONIONS: Red onions

PICKLES: Cucumbers, water, distilled vinegar, salt, calcium chloride, alum, sodium benzoate (preservative), natural flavors, polysorbate 80, turmeric.

SPINACH: Baby Spinach

TOMATOES, RED: Fresh red ripe

TOMATOES, PINK: Pink Tomatoes

CONDIMENTS

BBQ, SWEET & SMOKY: Sugars (sugar, glucose syrup, blackstrap molasses, pineapple juice concentrate), Tomato paste, Water, Vinegar, Salt, Natural flavour, Spices, Sodium benzoate, Dehydrated garlic, Paprika extract **Contains Mustard**

CHIPOTLE SOUTHWEST: Soybean oil, Water, Chipotle pepper sauce concentrate (chipotle pepper puree, water, vinegar, salt, sugar, onion powder), Buttermilk (partially skimmed milk, salt, sodium citrate, bacterial culture), Vinegar, Liquid egg yolk, Skim milk powder, Salt, Modified corn starch, Sugar, Dehydrated onion, Phosphoric acid, Autolyzed yeast extract (salt), Xanthan gum, Dehydrated garlic, Dried yeast, Sodium benzoate, Potassium sorbate, Lactic acid, Dehydrated parsley, Polysorbate 60, Paprika extract, Natural flavour, Sucralose (0.36 mg per 15 mL serving), Calcium disodium EDTA Sweetened with Sucralose and Sugar. **Contains Egg and Milk.**

CREAMY SRIRACHA: Sriracha sauce (Chili puree [red pepper, acetic acid], water, sugar, salt, garlic, vinegar, xanthan gum, natural flavour, sodium benzoate], citric acid), soybean oil, water, liquid egg yolks, vinegar, modified corn starch, salt, paprika extract, xanthan gum, sugar, , natural flavour, polysorbate 60, potassium sorbate, sodium benzoate spices (mustard), calcium disodium EDTA. **Contains Egg & Mustard.**

GARLIC AIOLI: Soybean oil, Water, Sugar, Prepared mustard (vinegar, water, mustard seed, salt), Garlic puree (water, dehydrated garlic, canola oil, citric acid), Liquid egg yolk, Extra virgin olive oil, Salt, Vinegar, Concentrated lemon juice, Modified corn starch, Dehydrated garlic, Dehydrated onion, Xanthan gum, Natural flavour, Spices, Potassium sorbate, Sodium benzoate, Citric acid, Calcium disodium EDTA. **Contains: Mustard, Egg.**

GREEN GODDESS DRESSING: Soybean oil, Yogurt (milk, cream, skim milk powder, bacterial culture), Water, Vinegar, Herbs, Salt, Egg yolk, Sugar, Concentrated lemon juice, Onion powder, Garlic powder, Phosphoric acid, Xanthan gum, Natural flavours, Spices, Sodium benzoate, Potassium sorbate, Calcium disodium EDTA. **Contains Milk and Egg.**

HOUSE SANDWICH SAUCE: Soybean oil, Water, Vinegar, Sugar, Seasoning (spices, natural flavour, hydrolyzed corn protein, yeast extract, salt, parsley, dehydrated garlic, dehydrated onion), Salt, Xanthan gum, Propylene glycol alginate, Sodium benzoate, Potassium sorbate.

LIGHT MAYONNAISE TYPE DRESSING: Water, Soybean oil, Liquid egg yolk, Sugars (glucose syrup), Modified corn starch, Vinegar, Salt, Spices, Concentrated lemon juice, Potassium sorbate, Sodium benzoate, Xanthan gum, Calcium disodium EDTA. **Contains Egg and Mustard**

MAYONNAISE: Soybean oil, Water, Liquid egg yolks, Vinegar, Salt, Sugar, Liquid whole eggs, Spices, Concentrated lemon juice, Calcium disodium EDTA. **Contains Egg and Mustard**

MUSTARD (Yellow): Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavors and Garlic Powder. **Contains Mustard.**

PEPPERCORN RANCH: Soybean oil, Water, Buttermilk (partly skimmed milk, salt, sodium citrate, bacterial culture), Vinegar, Liquid egg yolk, Sugar, Salt, Buttermilk powder, Natural flavours, Spices, Lactic acid, Dehydrated garlic, Xanthan gum, Dehydrated onion, Herbs, Sodium benzoate, Potassium sorbate, Calcium disodium EDTA. **Contains Egg and Milk**

SMOKY HONEY MUSTARD: Soybean oil, Sugars (honey), Prepared mustard (water, vinegar, mustard seed, salt, mustard bran, turmeric, paprika extract, natural flavour, spices), Water, Liquid egg yolk, Vinegar, Salt, Natural hickory smoke flavour, Xanthan gum, Mustard bran, Paprika, Potassium sorbate, Sodium benzoate, Calcium disodium EDTA. **Contains Mustard and Egg**

SWEET ONION SAUCE: Sugar, Water, Vinegar, Corn starch, Modified corn starch, Salt, Dehydrated onion, Mustard flour, Poppy seed, Onion juice, Spices, Potassium sorbate, Sodium benzoate, Dehydrated red bell pepper, Cucumber juice, Celery seed. **Contains Mustard**

SWEET ONION TERIYAKI SAUCE: Sugar, Water, Corn Vinegar, Corn Syrup, Soy Sauce (Water, Wheat, Soybean, Salt, Sodium Benzoate [a preservative]), Food Starch-modified, Contains less than 2% of: Rice vinegar, Salt, Dehydrated Onion, Tomato paste, Spices, Mustard Seed, Distilled Vinegar, Garlic, Sesame oil, Poppyseed, Sesame Seed, Sodium Benzoate and Potassium Sorbate (As Preservatives), Dehydrated Green onion, Dehydrated red bell pepper, Natural flavors, Dehydrated garlic, Autolyzed yeast extract, citric acid. **Contains: Wheat, Mustard, Soybean and Sesame.**

COOKIES

CHOCOLATE CHIP WITH M&M® CANDIES: Enriched wheat flour, Sugars (sugar, blackstrap molasses), palm oil, Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), M&Ms milk chocolate candies (milk chocolate [sugar, unsweetened chocolate, skim milk, cocoa butter, lactose (milk), milk fat, soy lecithin, salt, artificial and

natural flavours], sugar, cornstarch, corn syrup, dextrin, carnauba wax, gum arabic, titanium dioxide, FD&C blue No. 1, FD&C yellow No. 6, FD&C red No. 40, FD&C yellow No. 5, FD&C blue No. 2), Liquid whole eggs, Water, Salt, Sodium bicarbonate, Whey powder (milk), Natural flavour. **Contains Egg, Milk, Soy, Wheat. May contain Peanuts, Almonds, cashew, hazelnuts, macadamia nuts, pecans, pine nuts, pistachio, walnuts.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

CHOCOLATE CHUNK: Enriched wheat flour, Sugars (sugar, invert sugar, blackstrap molasses), Semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, dextrose, soy lecithin, natural flavour), Palm oil, Liquid whole eggs, Water, Whey powder (milk), Sodium bicarbonate, Salt, Natural flavours. **Contains Eggs, Milk, Soy, Wheat. May contain: Peanuts, almonds, Macadamia nuts, Pecans, Walnuts** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

DOUBLE CHOCOLATE: Sugars (sugar, blackstrap molasses), Enriched wheat flour, Palm oil spread (palm oil, butter [milk], water, salt, natural flavour [milk], beta carotene, vitamin A palmitate), White confectionery chips (sugar, modified palm kernel and/or palm oil, skim milk powder, soy lecithin, natural flavour), Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla extract), Liquid whole eggs, Cocoa (processed with alkali), Water, Pre-gelatinized wheat starch, Sodium bicarbonate, Soy lecithin, Salt, Natural flavour. **Contains Eggs, Milk, Soy, Wheat. May contain: Peanut, Almond, Cashew, Hazelnut, Macadamia nut, pecan, Pine nut, Pistachio, Walnut.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

OATMEAL RAISIN: Sugars (sugar, blackstrap molasses), Enriched wheat flour, Raisins, Palm oil, Rolled oats, Liquid whole eggs, Water, Natural flavour, Whey powder (milk), Sodium bicarbonate, Salt, Spice. **Contains Eggs, Milk, Oats, Wheat. May Contain: Peanuts, Almonds, Cashew, Hazelnuts, Macadamia nuts, Pecans, Pine Nuts, Pistachio, Walnut.** *(Due to the nature of how these cookies are displayed they may come in contact with other peanut or tree nut-containing cookies.)*

RASPBERRY CHEESECAKE: Enriched wheat flour, Sugars (sugar, invert sugar), White confectionery chips (sugar, modified palm kernel and/or palm oil, skim milk powder, soy lecithin, flavour), Palm oil, Liquid whole eggs, Raspberry flavoured bits (dextrose, palm oil, sugar, corn flour, concentrated beet juice [for colour], raspberry powder, citric acid, flavour, concentrated watermelon juice [for colour], concentrated huito juice [for colour]), Water, Cream cheese product (milk, skim milk powder, bacterial culture, salt, carob bean gum, chymosin [enzyme]), Flavours, Sodium bicarbonate, Salt, Wheat starch, Soy lecithin, Pumpkin concentrate for colour (pumpkin, invert sugar, citric acid, water). **Contains Eggs, Milk, Soy, Wheat. May contain Peanuts, almonds, cashew, hazelnuts, macadamia nuts, pecans, pine nuts, pistachio, walnut.** *(Due to the nature of how these cookies are displayed they may come in contact with other tree nut-containing cookies.)*

S'MORES: Enriched wheat flour, Sugars (sugar, molasses), Palm oil, Milk chocolate drops (sugar, cocoa butter, whole milk powder, unsweetened chocolate, soy lecithin, natural flavour), Marshmallow minis (tapioca syrup, sugar, tapioca starch, water, carrageenan, soy protein, natural flavour), Graham cracker pieces (graham cracker [enriched wheat flour, whole wheat

flour, sugar, modified palm oil, honey, fancy molasses, salt, sodium bicarbonate, natural flavour, soy lecithin], modified palm oil), Liquid whole eggs, Water, Butter, Wheat starch, Natural flavour, Salt, Sodium bicarbonate, Soy lecithin, Beta carotene colour, Vitamin A palmitate. **Icing ingredients:** Sugars (icing sugar, corn syrup, maltodextrin), Water, Flavouring (cocoa powder, maltodextrin, modified corn starch, natural flavour), Modified palm oil, Mono & diglycerides, Propylene glycol alginate, Microcrystalline cellulose, Xanthan gum, Sorbic acid, Agar. May Contain: peanuts and tree nuts. **Contains Eggs, Milk, Soy, Wheat.** *(Due to the nature of how these cookies are displayed they may come in contact with other tree nut-containing cookies.)*

WHITE CHIP MACADAMIA NUT: Enriched wheat flour, Sugars (sugar, blackstrap molasses), Palm oil spread (palm oil, butter [milk], water, salt, natural flavour [milk], beta carotene, vitamin A palmitate), White confectionery chips (sugar, modified palm kernel and/or palm oil, skim milk powder, soy lecithin, natural flavour), Macadamia nuts, Liquid whole eggs, Water, Pre-gelatinized wheat starch, Sodium bicarbonate, Soy lecithin, Salt, Natural flavor. **Contains Eggs, Macadamia Nuts, Milk, Soy, Wheat.** **May contain: Peanuts, Almond, Pecans, Walnuts** *(Due to the nature of how these cookies are displayed they may come in contact with peanut cookies.)*

SOUPS & SIDES

(Not available in all locations)

BEEF AND BARLEY: Water, Fully Cooked Diced Beef (Beef, Water, Contains 2% or less of Dextrose, Rice Starch, Salt, Caramelized Sugar, Sodium Phosphates, Rosemary Extract), Carrots, Green Peas, Corn, Pearled Barley, Onions, Tomato Paste, Modified Corn Starch, Roasted Beef Flavored Base (Dextrose, Salt, Beef Type Flavor [Hydrolyzed Soy Protein, Maltodextrin, Corn Syrup Solids, Soybean Oil], Beef Fat, Onion Powder, Chicken Fat, Corn Starch, Natural Flavors, Sugar, Paprika, Garlic Powder), Beef Base (Roasted Beef and Concentrated Beef Stock, Salt, Yeast Extract, Corn Oil, Maltodextrin from Corn, Sugar, Natural Flavorings), Roasted Tomato Base (Roasted Tomatoes and Tomato Paste, Salt, Sugar, Natural Flavor, Cilantro), Umami Flavor [Umami, Natural Flavors, Safflower Oil (processing aid)], Xanthan Gum, Malt Extract (Malted Barley, Water), Dehydrated Parsley, Spice. **Contains Soy and Wheat**

BEEF CHILI: Ground Beef, Water, Tomatoes (Diced Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Dark Red Kidney Beans [Kidney Beans (Water, Kidney Beans), Salt], Seasoning (Spices [Including Chili Pepper], Brown Sugar, Salt, Hydrolyzed Soy, Corn and Wheat Protein, Wheat Flour, Dextrose, Sugar, Yeast Extract, Garlic Powder, Maltodextrin, Soy Lecithin, Onion Powder; with Soybean Oil and Silicon Dioxide [as processing aids]), Celery, Tomato Paste, Green Bell Peppers, Modified Corn Starch, Dehydrated Onion, Salt, Beef Fat Type Flavor (Beef Fat and Natural Flavor). **Contains soy and wheat**

CREAM OF BROCCOLI: Water, Broccoli, Whole Milk (Milk, Vitamin D3), Whipping Cream (Cream, Milk), Seasoning (Corn Syrup Solids, Wheat Flour, Modified Corn Starch, Yeast Extract, Natural Flavor [contains milk], Dehydrated Onion, Garlic Powder, Spice), Skim Milk Powder, Modified Corn Starch, Onions, Dry Cream (Whole Milk, Cream), Sea Salt, Soybean Oil, Lemon Juice, Natural Flavor. **Contains: Milk and Wheat**

CREAM OF MUSHROOM: Water, Mushrooms, Whipping Cream (Cream, Milk), Skim Milk (Vitamin A Palmitate and Vitamin D added), Skim Milk Powder, Wheat Flour, Whey Protein Concentrate, Modified Corn Starch, Seasoning (Salt, Yeast Extract, Xanthan Gum), Salted Butter (Pasteurized Cream, Salt), Soybean Oil. **Contains: Milk and Wheat**

CHICKEN NOODLE: Water, Fully Cooked Seasoned Chicken Pieces (Chicken Breast with Rib Meat, Chicken Thigh Meat, Water, Rice Starch, Salt), Carrots, Noodles (Semolina [Wheat], Eggs, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Green Cabbage, Celery, Seasoning (Corn Starch, Sugar, Spice, Xanthan Gum, Guar Gum, Turmeric Extractives [for color]), Wheat Flour, Chicken Stock Plus (Chicken Stock, Flavor), Unsalted Butter (Cream, Natural Flavors), Sea Salt, Chicken Flavor Concentrate (Chicken, Yeast Extract, Salt, Flavoring), Parsley, Umami Flavor (Umami and Natural Flavors), Green Onion Flavor (Green Onion, Natural Flavors and Mixed Tocopherols), Tomato Flavor (Tomato and Natural Flavor). **Contains: Egg, Milk, Wheat**

LOADED BAKED POTATO: Water, Potatoes (Potatoes, Sodium Acid Pyrophosphate [to maintain natural color]), Whole Milk (Milk, Vitamin D3), Whipping Cream (Cream, Milk), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Guar Gum, Carob Bean Gum, Xanthan Gum), Onions, Seasoning (Modified Corn Starch, Salt, Wheat Flour, Sugar, Flavor [Yeast Extract, Canola Oil], Whey, Flavor [Medium Chain Triglycerides, Natural Flavor, Smoke Flavor], Spice, Soybean Oil [processing aid]), Bacon Topping (Bacon [Cured With Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May Also Contain Dextrose, Flavoring, Honey, Dehydrated Pork Broth, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate]), Green Onions, Parmesan Cheese ([Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose [Added to Prevent Caking], Salt), Canola Oil, Chicken Stock Plus (Chicken Stock, Flavor), Cheese (Parmesan Type) (Granular and Parmesan Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Salt, Lactic Acid, Citric Acid), Pepper Sauce (Distilled Vinegar, Red Pepper, Salt). **Contains Milk, Wheat**

MAC & CHEESE: Water, Processed Cheese Spread (American Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Water, Whey, Sodium Phosphate, Milkfat, Salt, Sodium-Alginate, Lactic Acid, Apocarotenal [Color]), Table Cream (Cream, Whey Protein Concentrate, Xanthan Gum, Natural Flavor), Cavatappi (Semolina [Wheat], Egg Whites, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Modified Corn Starch, Processed Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate), Salt, Parmesan Romano Cheese Base (Parmesan and Romano Cheese made from Cows Milk [Milk, Cultures, Enzymes, Salt], Water, Whey, Salt, Modified Corn Starch, Natural Flavor, Yeast Extract, Corn Oil, Xanthan Gum, Lactic Acid), Yeast Extract, Natural Blue Cheese Flavor (Natural Flavors [including Blue Cheese], Water, Salt, Disodium Phosphate, Xanthan Gum), Xanthan Gum, Sodium Phosphates. **CONTAINS: Egg, Milk, Wheat**

POTATO BITES WITH DIP: Hashbrowns: Potatoes, Vegetable Oil (Canola, Palm), Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Chipotle Southwest Sauce:** Soybean oil, Water, Chipotle pepper sauce concentrate (chipotle pepper puree, water, vinegar, salt, sugar, onion powder), Buttermilk (partially skimmed milk, salt, sodium citrate, bacterial culture), Vinegar, Liquid egg yolk, Skim milk powder, Salt, Modified corn starch, Sugar, Dehydrated onion, Phosphoric acid, Autolyzed yeast extract (salt),

Xanthan gum, Dehydrated garlic, Dried yeast, Sodium benzoate, Potassium sorbate, Lactic acid, Dehydrated parsley, Polysorbate 60, Paprika extract, Natural flavour, Sucralose (0.36 mg per 15 mL serving), Calcium disodium EDTA Sweetened with Sucralose and Sugar. **Contains Egg and Milk.**