

ALLERGEN INFORMATION

JAN 2022

Symbol	Meaning
Y	Allergen contained in the product
MC	May contain - the allergen is present at the ingredients manufacturing site and our suppliers believe there is significant risk this allergen could cross-contaminate the ingredient
N	The allergen is not part of the product as delivered to store
Y	Ingredients suitable for plant-based/vegetarian
N	Ingredients NOT suitable for plant-based/vegetarian


We handle allergens in store and due to cross contact we can never 100% guarantee that our products will be allergen free.

	Ingredient suitable for vegetarians	Ingredient suitable for a plant based diet	Eggs	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Nuts	Cereals containing Gluten	Sulphites	Celery	Mustard	Lupin	Molluscs
Bread																
Italian (White) Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Tiger Bread	Y	Y	MC	N	MC	N	N	N	Y	N	Wheat, Barley	N	N	N	N	N
9-Grain Wheat Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat, Rye, Barley, Oat, Spelt	N	N	N	N	N
9-Grain Multi-Seed Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat, Rye, Barley, Oat, Spelt	N	N	N	N	N
Hearty Italian Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Italian Herb & Cheese Bread	Y	N	N	N	Y	N	N	N	Y	N	Wheat	N	N	N	N	N
Gluten Free Bread	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Ciabatta Toasted Bite	Y	Y	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Plain Tortilla Wrap	Y	Y	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Meat, Poultry, Fish, Eggs & Plant-Based™ Proteins																
Roast Chicken Breast Strips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Teriyaki Glazed Chicken Breast	N	N	N	N	N	N	N	Y	Y	N	Wheat	N	N	N	N	N
Chicken Tikka	N	N	N	N	Y	N	N	N	N	N	Wheat	N	N	N	N	N
Nacho Chicken Bites	N	N	N	N	MC	N	N	MC	N	N	Wheat	N	N	N	N	N
Ham*	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Turkey Breast*	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Maple Cured Streaky Bacon	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Breakfast Back Bacon*	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pepperoni	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Salami	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Meatballs (in Marinara Sauce)	N	N	N	N	Y	N	N	Y	N	N	Wheat	N	N	N	N	N
Breakfast Sausage	N	N	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Steak*	N	N	N	N	N	N	N	N	Y	N	Barley	N	N	N	N	N
Buffalo Chicken	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Barbacoa Beef	N	N	N	N	N	N	N	N	N	N	Barley	N	N	N	N	N
Beef Brisket (Smoke Flavoured)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pig in Blankets	N	N	N	N	N	N	N	N	N	N	Wheat	Y	N	N	N	N
Tuna (with Lite Mayonnaise)	N	N	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N
Egg Omelette	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N
Poached Egg	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Meatless Meatballs (in Marinara Sauce)	Y	Y	MC	N	N	N	MC	N	Y	N	Wheat, Barley	N	MC	MC	N	N
Roasted Soya Strips	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Plant Patty	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	Y	N	N	N
Plant Based PIB	Y	Y*	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
TLS - Nobeeef slices	Y	Y*	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Roasted Tikka Soya Strips	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Cheese & Vegetables																
American Sliced Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Shredded Mozzarella & Cheddar Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Peppered Cheese (IOI)	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Vegan CheeZe	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sliced Brie Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Jalapenos	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Guacamole	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lettuce, Cucumber, Mixed Peppers, Tomato, Onion, Carrot, Spinach, Pickles, Sweetcorn, Olives	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sauces & Condiments																
Hickory Smoked BBQ Sauce	Y	N	N	N	N	N	N	N	N	N	Barley	N	N	N	N	N
Chipotle Southwest Sauce	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N
Honey & Wholegrain Mustard Sauce	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Lite Mayonnaise	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N
Sticky Sweet Chilli Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sweet Onion Sauce (contains poppy seeds)	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Tomato Ketchup	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Sriracha Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Caesar Sauce	Y	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Salsa	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Marinara Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
HP Brown Sauce	Y	N	N	N	N	N	N	N	N	N	Rye, Barley	N	N	N	N	N
Plant-based Garlic Aioli	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Blue Cheese Sauce	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N
Mustard Sauce	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Crispy Onions	Y	Y	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Chopped SunBlush™ Tomatoes	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sea Salt / Mixed Peppercorns / Chilli Flakes	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Southwest Seasoning	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Multi-Seed Mix	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cookies, Donuts & Muffins																
Chocolate Chunk Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Double Chocolate Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
White Macadamia Cookie	Y	N	Y	N	Y	N	N	N	Y	Macadamia nut	Wheat	N	N	N	N	N
Rainbow Chocolate Chip Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Raspberry Cheesecake Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Chocolate Orange Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Vegan Double Chocolate Cookie	Y	Y	MC	N	MC	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Cadbury® Caramel Muffin	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Oreo® Muffin	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Sugared Donut	Y	N	MC	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Chocolate Donut	Y	N	MC	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Soups - Selected Stores																
Carrot and Coriander	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N
Country Chicken and Vegetable	N	N	Y	N	Y	N	N	N	N	N	Wheat, Barley	N	Y	MC	N	N
Cream of Chicken	N	N	Y	N	Y	N	N	N	N	N	Wheat, Barley	N	N	N	N	N
Leek and Potato	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N
Minestrone	N	N	Y	N	MC	N	N	N	N	N	Wheat	N	N	Y	N	N
Red Pepper and Tomato	Y	N	N	N	Y	N	N	N	N	N	Barley	N	N	N	N	N
Tomato	Y	N	N	N	Y	N	N	N	N	N	Wheat	N	N	Y	N	N
Wild Mushroom	Y	N	N	N	Y	N	N	N	N	N	Wheat, Barley	N	N	N	N	N
Beef Goulash	N	N	N	N	N	N	N	N	N	N	Wheat, Barley	N	N	Y	N	N
Thai Style Vegetable	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Cream of Mushroom	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N
Miscellaneous items																
DORITOS® Nachos (DORITOS® Lightly Salted Tortilla Chips)	Y	N	N	N	Y	N	N	N	MC	N	MC - Gluten - Wheat, Barley	N	N	N	N	N
DORITOS® FLAMIN' HOT® Nachos (DORITOS® FLAMIN' HOT® Flavoured Tortilla Chips)	Y	N	N	N	Y	N	N	N	MC	N	MC - Gluten - Wheat, Barley	N	N	N	N	N
Hash Browns	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Crispers	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flavoured Coffee Syrups: Vanilla, Gingerbread, Caramel, Chocolate	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flavoured Coffee Syrups: Hazelnut	Y	Y	N	N	N	N	N	N	N	Hazelnut	N	N	N	N	N	N
Flavoured Coffee Syrups: Honeycomb	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Coffee / Tea	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cappuccino / Latte / Hot Chocolate / Chocolate Sprinkles (for Cappuccino)	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Fountain drinks: Robinsons® Apple & Blackcurrant	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Fountain drinks: Diet Pepsi®	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fountain drinks: Other	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Roasted Garlic & Parsley Spread	Y	N	N	N	MC	N										

ALLERGEN INFORMATION

JAN 2022

Symbol	Meaning
Y	Allergen contained in the product
MC	May contain - the allergen is present at the ingredients manufacturing site and our suppliers believe there is significant risk this allergen could cross-contaminate the ingredient
N	The allergen is not part of the product as delivered to store
Y	Ingredients suitable for plant-based/vegetarian
N	Ingredients NOT suitable for plant-based/vegetarian

 We handle allergens in store and due to cross contact we can never 100% guarantee that our products will be allergen free.	Ingredient suitable for vegetarians	Ingredient suitable for plant based diet	Eggs	Fish	Milk (lactose)	Peanuts	Seesame	Crustaceans	Soya	Nuts	Cereals containing Gluten	Sulphites	Celery	Mustard	Lupin	Molluscs
	Bread															
Italian (White) Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Tiger Bread	Y	Y	MC	N	MC	N	N	N	Y	N	Wheat, Barley	N	N	N	N	N
9-Grain Wheat Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat, Rye, Barley, Oat, Spelt	N	N	N	N	N
9-Grain Multi-Seed Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat, Rye, Barley, Oat, Spelt	N	N	N	N	N
Hearty Italian Bread	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Italian Herb & Cheese Bread	Y	N	N	N	Y	N	N	N	Y	N	Wheat	N	N	N	N	N
Gluten Free Bread	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Ciabatta Toasted Bite	Y	Y	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Plain Tortilla Wrap	Y	Y	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Meat, Poultry, Fish, Eggs & Plant-BasedTM Proteins																
Halal Roast Chicken Breast Strips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Halal Teriyaki Glazed Chicken Breast	N	N	N	N	N	N	Y	N	Y	N	Wheat	N	N	N	N	N
Halal Chicken Tikka	N	N	N	N	Y	N	N	N	N	N	Wheat	N	N	N	N	N
Halal Nacho Chicken Bites	N	N	N	N	MC	N	N	N	MC	N	Wheat	N	N	N	N	N
Halal Turkey Ham*	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Halal Turkey Breast*	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Halal Turkey Rashers*	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Halal Pepperoni (Beef)	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Halal Salami (Beef)	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Halal Meatballs (in Marinara Sauce)	N	N	N	N	Y	N	N	N	Y	N	Wheat	N	N	N	N	N
Halal Turkey Sausage Patty*	N	N	N	N	N	N	N	N	Y	N	Wheat	Y	N	N	N	N
Halal Steak*	N	N	N	N	N	N	N	N	Y	N	Barley	N	N	N	N	N
Buffalo Chicken	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Tuna (with Lite Mayonnaise)	N	N	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N
Egg Omelette	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N
Poached Egg	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
MeatlessPB Meatballs (in Marinara Sauce)	Y	Y	MC	N	N	N	MC	N	Y	N	Wheat, Barley	N	MC	MC	N	N
Roasted Soya Strips	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Plant Patty	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	Y	N	N	N
TLS - NobeeF Slices	Y	Y*	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Roasted Tikka Soya Strips	Y	Y	N	N	N	N	N	N	Y	N	Wheat	N	N	N	N	N
Cheese & Vegetables																
American Sliced Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Shredded Mozzarella & Cheddar Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Peppered Cheese (IOI)	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Vegan CheeZe	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sliced Brie Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Jalapeños	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N
Guacamole	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lettuce , Cucumber, Mixed Peppers, Tomato, Onion, Carrot, Spinach, Pickles, Sweetcorn, Olives	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sauces & Condiments																
Hickory Smoked BBQ Sauce	Y	N	N	N	N	N	N	N	N	N	Barley	N	N	N	N	N
Chipotle Southwest Sauce	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N
Honey & Wholegrain Mustard Sauce	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Lite Mayonnaise	Y	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N
Sticky Sweet Chilli Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sweet Onion Sauce (contains poppy seeds)	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Tomato Ketchup	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Sriracha Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Caesar Sauce	Y	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Salsa	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Marinara Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
HP Brown Sauce	Y	N	N	N	N	N	N	N	N	N	Rye, Barley	N	N	N	N	N
Plant-based Garlic Aioli	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Blue Cheese Sauce	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N
Crispy Onions	Y	Y	N	N	N	N	N	N	N	N	Wheat	N	N	N	N	N
Chopped SunBlush TM Tomatoes	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sea Salt / Mixed Peppercorns / Chilli Flakes	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Southwest Seasoning	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Multi-Seed Mix	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cookies, Donuts & Muffins																
Chocolate Chunk Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Double Chocolate Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
White Macadamia Cookie	Y	N	Y	N	Y	N	N	N	Y	Macadamia nut	Wheat	N	N	N	N	N
Rainbow Chocolate Chip Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Raspberry Cheesecake Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Chocolate Orange Cookie	Y	N	Y	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Vegan Double Chocolate Cookie	Y	Y	MC	N	MC	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Sugared Donut	Y	N	MC	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Chocolate Donut	Y	N	MC	N	Y	N	N	N	Y	MC - Nuts	Wheat	N	N	N	N	N
Soups - Selected Stores																
Carrot and Coriander	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N
Country Chicken and Vegetable	N	N	Y	N	Y	N	N	N	N	N	Wheat, Barley	N	Y	MC	N	N
Cream of Chicken	N	N	Y	N	Y	N	N	N	N	N	Wheat, Barley	N	N	N	N	N
Leek and Potato	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Minestrone	N	N	Y	N	MC	N	N	N	N	N	Wheat	N	Y	N	N	N
Red Pepper and Tomato	Y	N	N	N	Y	N	N	N	N	N	Barley	N	N	N	N	N
Tomato	Y	N	N	N	Y	N	N	N	N	N	Wheat	N	Y	N	N	N
Wild Mushroom	Y	N	N	N	Y	N	N	N	N	N	Wheat, Barley	N	N	N	N	N
Beef Goulash	N	N	N	N	N	N	N	N	N	N	Wheat, Barley	N	N	Y	N	N
Thai Style Vegetable	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Cream of Mushroom	Y	N	Y	N	Y	N	N	N	N	N	N	N	Y	N	N	N
Miscellaneous Items																
DORITOS [®] Nachos (DORITOS [®] Lightly Salted Tortilla Chips)	Y	N	N	N	Y	N	N	N	MC	N	MC - Gluten - Wheat, Barley	N	N	N	N	N
DORITOS [®] FLAMIN' HOT [®] Nachos (DORITOS [®] FLAMIN' HOT [®] Flavoured Tortilla Chips)	Y	N	N	N	Y	N	N	N	MC	N	MC - Gluten - Wheat, Barley	N	N	N	N	N
Hash Browns	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Crispers	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flavoured Coffee Syrups: Vanilla, Gingerbread, Caramel, Chocolate	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flavoured Coffee Syrups: Hazelnut	Y	Y	N	N	N	N	N	N	N	Hazelnut	N	N	N	N	N	N
Flavoured Coffee Syrups: Honeycomb	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Coffee / Tea	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cappuccino / Latte / Hot Chocolate / Chocolate Sprinkles (for Cappuccino)	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Fountain drinks: Robinsons [®] Apple & Blackcurrant	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Fountain drinks: Diet Pepsi [®]	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fountain drinks: Other	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Roasted Garlic & Parsley Spread	Y	N	N	N	MC	N	N	N	N	N	N	N	N	N	N	N

Most of our food is freshly prepared in store, where allergens are handled by Subway team members and where equipment and utensils may be used for multiple items, including those containing allergens. Although your meal is prepared with care, we cannot guarantee it will be 100% allergen free.

All meats are certified halal at this store. *Formed meat. IOI = Only available in the Island of Ireland. PB Our plant based products may come into contact with non-plant based products. All ingredients suitable for plant based diet are registered with the Vegan Society, excluding Drinks. *Suitable for a plant based diet but not registered with the Vegan Society.