

# ALLERGEN INFORMATION

## MAY 2026

Symbol	Meaning
Y	Ingredients suitable for vegetarian / vegan diet
X	Allergen contained in the ingredient
~	May Contain — the allergen is present at the ingredient's manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient

All food is freshly prepared in our kitchens and, while we have controls in place to minimise cross-contamination, EGG, FISH, MILK, SESAME, SOYA, TREE NUTS, cereals containing GLUTEN, SULPHITES, CELERY and MUSTARD are handled in store and we cannot guarantee that our food will be suitable for those with allergies.

Our vegan items are made to vegan recipes. However, they are not suitable for those with dairy & egg allergies.

**NEW ALLERGEN IN RESTAURANT - SESAME**

	Ingredient suitable for vegetarians	Ingredient suitable for a vegan diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Cereals containing gluten										
											Wheat	Barley	Oat	Rye	Spelt	Sulphites	Celery	Mustard	Lupin	Molluscs	
<b>Bread</b>																					
Italian White Bread	Y	Y					~		X		X										
Wholegrain Bread	Y	Y					~		X		X	X									
Hearty Italian Bread	Y	Y					~		X		X	~									
Italian Herb & Cheese Bread	Y				X		~		X		X										
Honey & Oat Bread	Y						~		X		X	X									
Jalapeño Cheese Bread	Y				X		~		X		X					X					
Stuffing Topped Bread	Y	Y					~		X		X										
Gluten-Free Bread*	Y	Y																			
Plain Tortilla Wrap	Y	Y					~				X										
Sourdough Bun	Y	Y	~		~		~		~		X	~	~	~					~		
<b>Meat, Poultry, Fish, Eggs &amp; Plant-Based Proteins</b>																					
Breaded Chicken												X									
Roast Chicken Breast Strips/Ham*/Turkey Breast*																					
Bacon(streaky, back)/Pepperoni/Salami																					
Chicken Tikka					X						X										
Rotisserie-Style Chicken																					
Nacho Chicken Bites					~				~		X										
Shawarma Spiced Chicken																	X				
Meatballs (in Marinara Sauce)					X						X										
Meatballs (in BBQ Sauce)					X						X								X		
Breakfast Sausage Patty											X										
Philly Steak*												X									
Taco Beef											X										
Beef brisket chilli with beans																					
Pulled Pork													X								
Tuna (with Lite Mayonnaise)			X	X															X		
Poached Egg	Y		X																		
5 Bean chilli	Y	Y																			
Pulled plant	Y	Y							X		X	X						~	~		
Plant Patty	Y	Y							X		X							X	~		
Falafel	Y	Y									X										
<b>Cheese &amp; Vegetables</b>																					
American Sliced Cheese	Y				X																
Shredded Mozzarella & Cheddar Cheese/Mozzarella	Y				X																
Peppered Cheese	Y				X																
Vegan CheeZe	Y	Y																			
Jalapeños	Y	Y														X					
Lettuce/Cucumber/Mixed Peppers/Tomato	Y	Y																			
Onion/Pickles/Sweetcorn/Olives	Y	Y																			
<b>Sauces &amp; Condiments</b>																					
Cranberry Sauce	Y	Y																			
BBQ Sauce	Y	Y																		X	
HP Brown Sauce	Y											X	X								
Chipotle Southwest Sauce	Y		X																	X	
Extra-Spicy Chipotle	Y	Y																		X	
Lite Mayonnaise	Y		X																	X	
Garlic & Herb Sauce	Y	Y																		X	
Teriyaki Sauce	Y	Y							X												
Sweet Onion Sauce	Y	Y																		X	
Tomato Ketchup	Y	Y																		X	
Sweet Chilli Sauce	Y	Y																			
Yoghurt, Mint & Garlic Sauce	Y				X																
Marinara Sauce/Salsa/Garlic-Infused Oil	Y	Y																			
Ranch Sauce	Y		X		X																
Caramelised Red Onion in Balsamic Vinegar	Y	Y																			
Guacamole	Y	Y																			
Sage & Onion Stuffing	Y		X								X									X	
Honey Mustard Sauce	Y																			X	
Crispy Onions	Y	Y									X										
Sea Salt/Mixed Peppercorns/Southwest Seasoning	Y	Y																			

Although every care has been taken to remove bones from our meat and fish ingredients, some may remain.  
 Although extra care has been taken to remove all olive stones, some may remain.  
 \*Formed meat.  
 Our vegan ingredients may come into contact with non-vegan ingredients.  
 \*Our Gluten-Free Bread is manufactured in a gluten-free facility. However, as other ingredients in our stores contain gluten and products are prepared on shared equipment, our Gluten-Free Bread may come into contact with gluten as we prepare your meal.  
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**NEW ALLERGEN IN RESTAURANT - SESAME**

	Ingredient suitable for vegetarians	Ingredient suitable for a vegan diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Cereals containing gluten										
											Wheat	Barley	Oat	Rye	Spelt	Sulphites	Celery	Mustard	Lupin	Molluscs	
<b>Desserts</b>																					
Footlong Cookie	Y		X	X					X	~	X										
Footlong Churro	Y		X	X					X		X										
Caramel Sauce	Y			X																	
Chocolate Chunk Cookie	Y		X	X					X	~	X										
Mini Chocolate Chunk Cookie	Y		X	X					X	~	X										
White Macadamia Cookie	Y		X	X					X	~ Macadamia	X										
Rainbow Chocolate Chip Cookie	Y		X	X					X	~	X										
Double Chocolate Cookie	Y	Y	~	~					X	~	X										
Raspberry Cheesecake Cookie	Y		X	X					X	~	X		~								
Oat & Raisin Cookie	Y	Y	~	~					~	~	X		X								
Salted caramel brownie cookie	Y		X	X					~	~	X		~								
Oreo® Muffin	Y		X	X					X	~	X										
Oreo® Cookie Cup	Y		~	X					X	~	X		~								
Brownie Cookie Cup	Y		X	X					X	~	X		~	~							
Sugared Donut/Chocolate Donut	Y		~	X					X	~	X										
Cinnamon Roll	Y		X	X			~		~	~	X									~	
<b>Snacks &amp; Sides</b>																					
Doritos® Nachos (Doritos® Lightly Salted Tortilla Chips)	Y			X				~			~	~									
Doritos® Nachos (Doritos® Tangy Cheese Tortilla Chips)	Y			X				~			X	~									
Doritos® Nachos (Doritos® Chilli Heatwave Tortilla Chips)	Y			~				X			X	~									
Doritos® Loaded Nachos - Beef brisket chilli with beans (Doritos® Lightly Salted Tortilla Chips)				X				~			~	~						X			
Doritos® Loaded Nachos - 5 bean chilli (Doritos® Lightly Salted Tortilla Chips)	Y			X				~			~	~						X			
Chipotle Cheesy Bites	Y			X							X										
Jacket Potato, Baked Beans	Y	Y																			
Coleslaw (England, Scotland Wales)	Y		X																		
Coleslaw (Republic of Ireland, Northern Ireland)	Y		X														X	X			
Butter	Y			X																	
Hash Browns	Y	Y																			
Waffle Fries	Y	Y									X										
Loaded waffle fries - Beef brisket chilli with beans				X							X							X			
Loaded waffle fries - 5 bean chilli	Y			X							X							X			
Quaker Oats Golden Syrup Flavour	Y			X				~			~	~	X								
Quaker Oats Hearty Original	Y			X						~	~	~	X								
Quaker Oats Apple and Blueberry Flavour	Y			X				~			~	~	X								
<b>Drinks</b>																					
Flavoured Coffee Syrups: Vanilla/Caramel/Chocolate	Y	Y																			
Flavoured Coffee Syrups: Hazelnut	Y	Y								Hazelnut											
Flavoured Coffee Syrups: Honeycomb	Y																				
Black Coffee / Americano/ Espresso / Tea	Y	Y		~																	
Cappuccino / Latte / Flat White / Coffee with Milk / Tea with Milk	Y			X																	
Oatly® Cappuccino / Latte / Flat White / Tea	Y	Y		~																	
Hot Chocolate/Chocolate Sprinkles	Y			X					X												
Fountain Drinks: Robinsons® Apple & Blackcurrant	Y	Y																X			
Other Fountain Drink Options	Y	Y																			

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											Wheat	Barley	Oat	Rye	Spelt						
<b>Bread</b>																					
Italian White Bread	Y	Y							X		X										
Wholegrain Bread	Y	Y							X		X	X									
Hearty Italian Bread	Y	Y					~		X		X	~									
Italian Herb & Cheese Bread	Y			X					X		X										
Honey & Oat Bread	Y								X		X	X	X								
Jalapeño Cheese Bread	Y			X					X		X					X					
Stuffing Topped Bread	Y	Y							X		X										
Gluten-Free Bread*	Y	Y									X										
Plain Tortilla Wrap	Y	Y									X										
Sourdough Bun	Y	Y	~	~	~	~	~	~			X	~	~	~					~		
<b>Halal Meat, Eggs &amp; Plant-Based Proteins</b>																					
Halal Breaded Chicken											X										
Halal Roast Chicken Breast Strips/Halal Turkey Breast*																					
Halal Turkey Rashers*/Halal Turkey Ham*																					
Halal Pepperoni (Beef)/Halal Salami (Beef)																					
Halal Rotisserie-Style Chicken																					
Halal Chicken Tikka				X							X										
Halal Nacho Chicken Bites			~					~			X										
Halal Shawarma Spiced Chicken																		X			
Halal Beef Meatballs (in Marinara Sauce)				X				~			X										
Halal Beef Meatballs (in BBQ Sauce)				X				~			X									X	
Halal Breakfast Turkey* Sausage Patty											X										
Halal Philly Steak*												X									
Halal Taco Beef											X										
Halal Beef brisket chilli with beans											X										
Tuna (with Lite Mayonnaise)			X	X																X	
Poached Egg	Y		X																		
5 Bean chilli	Y	Y																			
Pulled plant	Y	Y							X		X	X						~	~		
Plant Patty	Y	Y							X		X							X	~		
Falafel	Y	Y									X							X	~		
<b>Cheese &amp; Vegetables</b>																					
American Sliced Cheese	Y			X																	
Shredded Mozzarella & Cheddar Cheese/Mozzarella	Y			X																	
Peppered Cheese	Y			X																	
Vegan CheeZe	Y	Y																			
Jalapeños	Y	Y															X				
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Cranberry Sauce	Y	Y																			
BBQ Sauce	Y	Y																			X
HP Brown Sauce	Y											X	X								
Chipotle Southwest Sauce	Y		X																		X
Extra-Spicy Chipotle	Y	Y																			X
Lite Mayonnaise	Y		X																		X
Garlic & Herb Sauce	Y	Y																			X
Teriyaki Sauce	Y	Y							X												
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Marinara Sauce/Salsa/Garlic-Infused Oil	Y	Y																			
Ranch Sauce	Y		X	X																	
Caramelised Red Onion in Balsamic Vinegar	Y	Y																			
Guacamole	Y	Y																			
Sage & Onion Stuffing	Y		X								X										X
Honey Mustard Sauce	Y																				X
Crispy Onions	Y	Y									X										
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