

ALLERGEN INFORMATION

JUNE 2024

Symbol	Meaning
Y	Ingredients suitable for vegetarian / plant-based diet
X	Allergen contained in the ingredient
MC	May Contain - the allergen is present at the ingredient's manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient

All food is freshly prepared in our kitchens and whilst we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies. Our vegan items are made to vegan recipes however are not suitable for those with dairy & egg allergies.	Ingredient suitable for vegetarians	Ingredient suitable for a plant-based diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Cereals containing gluten					Sulphites	Celery	Mustard	Lupin	Molluscs
											Wheat	Barely	Oat	Rye	Spelt					
Bread																				
Italian White Bread	Y	Y							X		X									
Wholegrain Bread	Y	Y							X		X	X								
Wheat Bread	Y	Y							X		X	X	X	X						
Hearty Italian Bread	Y	Y							X		X									
Italian Herb & Cheese Bread	Y				X				X		X									
Honey & Oat Bread	Y								X		X	X	X	X						
Gluten-Free Bread*	Y	Y																		
Plain Tortilla Wrap	Y	Y									X									
Meat, Poultry, Fish, Eggs & Plant-Based Proteins																				
Roast Chicken Breast Strips / Ham‡ / Turkey Breast‡																				
Bacon / Pepperoni / Salami																				
Chicken Tikka					X						X									
Rotisserie-style Chicken											X									
Nacho Chicken Bites					MC				MC		X									
Meatballs (in Marinara Sauce)					X						X									
Meatballs (in BBQ Sauce)					X						X	X						X		
Breakfast Sausage Patty											X									
Philly Steak‡												X								
Pigs in Blankets											X					X				
Tuna (with Lite Mayonnaise)			X	X														X		
Poached Egg	Y		X																	
Plant-Based Steak	Y	Y							X		X					MC	MC			
Plant Patty	Y	Y							X		X					X	MC			
Cheese & Vegetables																				
American Sliced Cheese	Y				X															
Shredded Mozzarella & Cheddar Cheese / Mozzarella	Y				X															
Monterey Jack Cheddar Slices / Peppered Cheese	Y				X															
Vegan Cheeze	Y	Y																		
Jalapeños	Y	Y														X				
Lettuce / Cucumber / Mixed Peppers / Tomato	Y	Y																		
Onion / Pickles / Sweetcorn / Olives	Y	Y																		
Sauces & Condiments																				
BBQ Sauce	Y											X						X		
HP Brown Sauce	Y											X		X						
Chipotle Southwest Sauce	Y		X															X		
Extra Spicy Chipotle	Y																	X		
Lite Mayonnaise	Y		X															X		
Garlic & Herb Sauce	Y	Y																X		
Teriyaki Sauce	Y	Y					X		X		X									
Sticky Sweet Chilli Sauce	Y	Y									X									
Sweet Onion Sauce	Y	Y																X		
Tomato Ketchup	Y	Y																		
Caesar Sauce	Y		X		X				X									X		
Marinara Sauce / Salsa / Garlic-Infused Oil	Y	Y																		
Caramelised Red Onion In Balsamic Vinegar	Y	Y																		
Mango Habanero Sauce	Y	Y																		
Chimichurri Sauce	Y																			
Pesto	Y				X															
Crispy Onions	Y	Y									X									
Sea Salt / Mixed Peppercorns / Southwest Seasoning	Y	Y																		
Desserts																				
Footlong Cookie	Y		X		X				X	MC	X									
Footlong Churro	Y		X		X				X		X									
Caramel Sauce	Y				X															
Chocolate Chunk Cookie	Y		X		X				X	MC	X									
White Macadamia Cookie	Y		X		X				X	MC	Macademia	X								
Rainbow Chocolate Chip Cookie	Y		X		X				X	MC	MC	X								
Double Chocolate Cookie	Y	Y	MC		MC				X	MC	MC	X								
Sticky Toffee Pudding Cookie	Y		MC		X				X	MC	MC	X								
Cherry Bakewell Cookie	Y		X		MC				X	MC	Almond	X								
Raspberry cheesecake Cookie	Y		X		X				X	MC	MC	X								
Oreo® Muffin	Y		X		X				X	MC	MC	X								
Sugared Donut / Chocolate Donut	Y		MC		X				X	MC	MC	X								
Snacks and sides																				
Doritos® Nachos (Doritos® Lightly Salted Tortilla Chips)	Y				X				MC		MC	MC								
Doritos® Nachos (Doritos® Tangy Cheese Tortilla Chips)	Y				X				MC		X	MC								
Doritos® Nachos (Doritos® Chilli Heatwave Chips)	Y				X				X		X	MC								
Cheesy Bites	Y				X						X									
Chipotle Cheesy Bites	Y				X						X									
Hash Browns, Crinkle Wedges	Y	Y																		
Waffle Fries	Y	Y									X									
Drinks																				
Flavoured Coffee Syrups: Vanilla, Caramel	Y	Y																		
Flavoured Coffee Syrups: Hazelnut	Y	Y								Hazelnut										
Flavoured Coffee Syrups: Honeycomb	Y																			
Black Coffee / Black Tea	Y	Y			MC															
Cappuccino / Latte / Coffee with Milk / Tea with Milk	Y				X															
Hot Chocolate / Chocolate Sprinkles (for Cappuccino)	Y				X															
Fountain drinks: Robinsons® Apple & Blackcurrant	Y	Y													X					
Fountain drinks: Other	Y	Y																		
#Formed meat. Our plant-based products may come into contact with non-plant-based products. *Our Gluten-Free Bread is manufactured in a gluten-free facility. However, as other ingredients in our stores contain gluten and products are prepared on shared equipment, our Gluten-Free Bread may come into contact with gluten as we prepare your meal.																				

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